

Museum Night *Mediamatic* 2023

Self

test

method A/a

Name:

Dossier number:

Date of birth:

Gender:

Yes

No

Don't know

Manual

Selftest

In this booklet on each left-hand page, you will find the pieces Annelies Wina Doom has selected for this Museum Night.

They concern the beauty and peculiarity of the human mind. Self is part of our A/artist program on the power of neurodivergence in the arts.

On the right-hand pages, Jam van der Aa poses questions in response to each work. Answer these questions by placing spots.

Thank you for participating.

Team *Mediamatic*

Test M-M23

Self-medication | Compulsion | Stress reduction

At welcome drink with/without alcohol.

This section records something you may have known all along. Life is paired with discomfort. Sometimes the head is like a shaken can of beer you open too soon.

Want to crawl off into a haze every now and then?

Yes

No

GENEVIEVE MURPHY

1 *Your Feeling*

Music video, 2020 | 4:49 min.

Genevieve's work is always musical and often centers her own mind. She creates theatrical pieces in which she inevitably throws herself into the fray. Sometimes funny and often moving.

Her extreme facial expressions sharply contrast the friendly lyrics of her song. The tension between language and expression becomes, at times, unbearable.

QN WT-1

Social-emotional reciprocity | Emotion regulation | Empathy

Would you ever wish to be somebody else's shoes?
What if the exchange turned out to be irreversible, and it seems you have been trapped in that state?

Watch the music video. Then answer the question.

Is it easy for you to figure out what someone else is thinking or feeling, just by looking at that person?

Yes

No

YVONNE DRÖGE WENDEL

2 *Moments in a Thingtank - one exhausted object and four respons-able objects*

Installation, 2023

In her playful philosophical installations, Yvonne creates experimental encounters. The main focus of her artistic research is reconsidering the separation between subject and object, investigating our perception of how humans and non-humans form one world. Spill into her chairs, and discover how irresponsible and seductive furniture can be.

QN WT-2

Stimming | Objectophilia | Detail orientation | Self-comforting

Do you know that feeling, when you see an office chair and you must ride it while spinning in circles? Do you have the tendency to straighten things out on your desk? Or the need to store all spoons spooning into the cutlery drawer?

Investigate these seating objects.

Do certain objects awaken the urge to do something specific with them?

Yes

No

3 *11 Selected Collections*

Installation, 1998—2023

Pet collects collections, compulsively so. For *Mediamatic*, he presents 11 of his most beloved collections in the winter installation of the Serres Séparées (the small glass houses by the water). At home, he no longer has room for them.

The collection is a self-portrait or even the identity of the collector.

But when does instinctive hunter-gatherer behavior slip into a propensity for obsessive consumption?

Who is the curator here? Who is the hoarder?

QN TSS-3

Collecting frenzy | Obsession | Objectophilia | Fixed interests | Detail orientation

For some people, keeping certain objects allows for a great sense of joy.

Ask yourself the following:

<i>How many clutter-drawers do you have at home?</i>	
None	1-2
3-12	Many

JEMIMA DE JONGE

④ *A Body of Water, table-scene*

Video-installation, 2023

Where does a sense of safety and security turn into, say, claustrophobia and fear? And when does it tilt back, become funny, or grim?

Everyone has compulsive tendencies and ways of bringing structure to life. These can ultimately turn into something compulsive and extreme.

But where is that boundary?

QNET-4

Control | Compulsion | Obsession | Rigidity

All of a sudden, there's a sticker on your favorite product. "Improved Recipe." Fak! Why? Who is this for?

How much stress do unexpected changes cause you?

A lot

I'm fine

5 *Making a Transformational Ragdoll*

Workshop, 2023

In this workshop, you will make a small transformative rag doll known as 'poppet'.

This introspective activity is designed to explore personal relationships. During this making process space is created, with the intention of bringing about positive change and healing.

Just being yourself is enough. But if you are too much yourself, it isn't good either. So perhaps you've adapted yourself in relation to others a little bit after all.

<i>Where do you find yourSelf?</i>	
In my head	In my body
In both	Wouldn't you like to know

VERA LELIE

6 *The Waiting Room*

Fashion collection, 2023

Like architectural design, clothing can be considered space. There are many ways in which it can be made more accessible.

In her fashion collection, Vera plays on the irony of waiting as neurodivergent people. A space, or a place they must learn to navigate as well.

And wait you will, if you deviate even a little from the norm....

Q N R T-6

Overstimulation | Perception | Nonverbal Communication | Central Coherence

Some people felt alone as children. Different from the rest, withdrawn into their shell. A quiet child, who with wide eyes let the world pour in. Waiting. Preferably becoming invisible.

While sitting in a psychologist's waiting room or waiting for a job interview, have you ever wondered if they were already observing you?

Yes

No

GERARD VAN WOLFEREN

7 *Play Gamelan yourSelf*

Interactive performance, 2023

Gerard has a passion for patterns. He will provide an interactive gamelan performance throughout the entire evening, where the audience will also take on the role of artist.

Participating in the making of sound calms your spirit and opens it to new thoughts and feelings. And don't worry, you don't have to be a musician - anyone can play gamelan. You just need to know how to count.

Q N U T-7

Self-hypnosis | Stimming | Repetitive movements | Collaboration

Meditatively performing the same action is soothing to some and to others causes such turmoil, it drives them into screaming madness.

Test in this workshop how that can work for you.

Do you find peace in performing specific repetitive actions that stimulate a particular sense?

Yes

No

SIMONE HOOYMANS

8 *Talking Plants*

Animation installation, 2020

In the animated video *Talking Plants*, viewers are challenged to explore a strange botanical world with mystical plants and their personal voices.

The mystical design of some of the plants in this animation is inspired by the illustrated Botanical Voynich manuscript of the 15th century. A coded manuscript whose content has yet to be understood.

QNL T-8

Detail perception | Concentration arc | Self-soothing

Do you often delight in little things, such as the colors of soap bubbles and the five-pointed star shape that appears when you slice an apple widthwise? Then chances are you pay a lot of attention to details.



Did you notice the detail above, in the animation?

Yes

No

SILKE RIIS

9 *Some Breathe Through Their Butts*

Installation, 2023

With her wet sculptures of speculative botanical species, Silke plays with her idea of evolution being driven and shaped by climate change. Combining beauty and horror in the aesthetics of each piece, she reflects her own feelings on the uncertain future we face. Come, immerse yourself in Silke's wonderful habitat and make your own "søpølse"!

QN L T-9

Over- or under sensitivity to stimuli | Norm conformity | Specific interests

Are there things you prefer to keep to yourself because you believe they are not in line with normality?

Unusual sexual preferences? Things you spread on your bread? Do you examine the hair of people you really like? Do you have a fascination with animals that can breathe out of their buttoles?

Discover your normality in the privy.

Do you expressly not want to touch certain things with your fingers?

Yes

No

WEIMIN ZHU

10 *Playful Jewelry for the Inner World*

Jewelry Collection And Video, 2021

Moving rhythmically brings you closer to your inner world, it makes you more aware of your body and aids you in stimulation processing.

Playful Jewelry for the Inner World is a collection of silver jewelry that invites the wearer to move meditatively.

QN L T-10

Stereotypic or repetitive motor movements | Stimulus processing

Chewing gum is good for your memory. The mechanical grinding of the jaw aids in the processing of stimuli in the brain.

What movements do you often make automatically?

I must say, I do not recall

I always think about what I do

MINJOO CHOI

11 *My Shadow is Part of my Body*

Performance, 2022

Minjoo Choi throws clay. The clay flies onto the walls and windows before slumping onto the floor, before the clay has a chance to dry Minjoo retrieves it, kneads it, and throws it once more.

With this simple repetitive act, she opens and discloses herself. Will she ever make the ultimate throw, one in which she too becomes clay?

QN B T-11

Self-expression | Emotional regulation | Empathy | Engaging and understanding relationships

To test the level of mental suffering caused by sensory disturbances, ask people the question: How murderous or aggressive are your fantasies while hearing an irritating noise, for example?

On what basis do you prefer to explore a potential romantic partner?

Watching

Talking

Feeling

Smelling

IGNACY RADTKE

12 *Smile Like You Really Mean It!*

Installation, 2023

Smile Like You Really Mean It! is an examination of emotional labor. Which is most blatant in the service industry, but not only there!

The base price for one minute of smiling fluctuates in the stock market. Come smile like you really mean it and find out what your market value is.

QN B T-12

Adaptability | Flexibility | Masking

Making eye contact is considered polite by most people. If you find it unpleasant, you might as well fake it. To fit in with the group, we adapt and often pretend.

Do you stubbornly maintain certain behaviors because you think people should just accept you as you are?

Yes

No

THIJMEN PETERS

13 *Thank You For Your Patience*

Installation, 2023

Every day we deal with systems that keep us waiting.

The information provided during moments of waiting influences our trust in such systems.

In this installation, visitors are invited to playfully reflect their dependence on systems and institutions.

QN XT-13

Emotion regulation | Predictive ability of the brain | Inner turmoil | Executive functions (transitions)

K. reported sick for work. After a long wait, K. got a coach (C.) who guided K. through daily life. C. reported sick for work. After a long wait, C. got a coach (D.) who guides C. through daily life.

Do you get freaked out when you have to wait a long time?

At times | Often

Why would I?

JAM VAN DER AA

14 *Selftest*

Museum Night booklet, 2023

On the right-hand pages of this booklet, Jam van der Aa has taken each section of this program as a reference for a playful psychological test question. In her characteristically humorous manner, she takes aim at a genre she in actuality, wants to take very seriously.

Want a label, too? At the exit you will receive the diagnostic key :)

QN D S-14

Emotion regulation | Inner peace | Locus of Control

Look around you. Imagine that you could classify all these people according to a system that tells you what is wrong with each of them. A category, which you complement with a personal story.

Would you, yourself say that you've succeeded?

Yes

No

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